



NE District Education



February 9, 2012

Country View Manor
1410 W. Dunkerton Rd.
Waterloo, IA
(319) 291-2509



Five Star Supervisors - How to Lead and Succeed in Your Facility

CEUs for: Department Heads, Nurses, Administrators, Assisted Living Managers

How does your attitude and behavior affect those around you? Are you putting your 'best foot forward' when dealing with staff? This education will help you analyze your supervisory style by recognizing strengths and those areas that "need work". Discover techniques to empower yourself and your staff that will improve communication, reduce conflict, and enhance productivity. Explore steps to building credibility and trust that lead to more effective performance reviews and a "win win" working environment.

Speaker Bio: **Mary E. Ottmar** is a recognized speaker throughout the state. She presented seminars for over 35 years as part of Iowa State University Extension; and then started her own consulting business, *Metamorphosis...Change that begins with ME*". Mary is a certified *Real COLORS*® facilitator. She conducts workshops on life skill development including team building, conflict resolution, temperament styles, communication, leadership and supervisory skills. She has a Bachelor of Arts degree in Sociology from the University of South Dakota. Her master's work is in Adult Education from Iowa State University.

Dementia Care Training

This program will be of particular interest and importance for ALL Nursing Facility and Assisted Living Facility staff including CNAs and Direct Care Workers (2 Hours of CEUs for ALL)

This session will provide long term care staff with up-to-date information on Alzheimer's type dementia and the unique care and communication needs for those with the disease. Key concepts of dementia care services will be covered including: guidelines for improving verbal communication, understand ways that dementia affects behaviors, understand why residents with dementia may behave in certain ways, ongoing care and programming, working with families, education, and the environment.

Speaker Bio: **Amanda Miller** is the Manager of Program Services at the Alzheimer's Association East Central Iowa Chapter, Cedar Rapids, IA. Amanda is responsible for providing dementia-related training to professionals and family caregivers, providing care consultation to individuals and families living with a diagnosis of Alzheimer's disease or other related dementias, and coordinating advocacy efforts.

Schedule

9:00 a.m. District Meeting
9:45 a.m. Registration for District Education
10:00 a.m. District Education
12:00 p.m. Adjourn

For more information on the district education topics and to register, please visit our web site

www.iowahealthcare.org



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Registration Information

This is a MEMBERS ONLY education.

Registration fee: \$25 per person (fee includes access to handouts, CEUs, and continental breakfast)

1. To register on line...go to www.iowahealthcare.org and click on the **NE District Education**.
2. Select Register online. If you have not previously created a personal profile, you will need to do so before you register.
3. Complete the online registration and click Submit. A registration confirmation will be e-mailed to you.
4. To register another person, click on LOGOUT and repeat this process.

Continuing Education Credit

Each session offered at the District Education has been approved for 2 hours of CEU's. Check approved disciplines per topic.

ADMINISTRATORS: This continuing education program meets the Iowa Board of Examiners for Nursing Home Administrators criteria for continuing education credit for nursing home administrators.

ASSISTED LIVING MANAGEMENT: This continuing education program is approved for continuing education credit for maintenance of the ICAL Assisted Living Management Certification.

DEPARTMENT HEADS: This continuing education activity meets the Iowa Department of Inspections and Appeals, Health Facilities Division's established criteria for continuing education credit for Department Heads.

NURSES: This program is approved for CEUs for nurses, offered by IHCA/INLTC, IBON Provider #166. Providership regulations do not allow for partial credit to be given for any portion of this program.

ACTIVITIES: This continuing education activity meets the Iowa Department of Inspections and Appeals, Health Facilities Division's established criteria for continuing education credit for Activity Department Heads.

DIETARY: This continuing education activity meets the Iowa Department of Public Health's established criteria for continuing education credit for Dietary Managers, Food Service Supervisors, Licensed and Registered Dieticians.

ENVIRONMENTAL SERVICES: This continuing education activity meets the Iowa Department of Inspections and Appeals, Health Facilities Division's established criteria for continuing education credit for housekeeping, laundry and maintenance department heads.

SOCIAL SERVICES: This continuing education activity meets the Iowa Board of Social Work Examiners established criteria for continuing education credit for Social Workers.

Cancellations/Refunds: Refunds will only be granted to those who cancel their registration **three business days** prior to the date of the program listed. Cancellations after this date, no-shows due to weather, acts of God or illness, will be charged the full registration fee. IHCA ICAL reserves the right to cancel any education program; in the event of such a cancellation, all fees will be refunded.